

The Complementary & Natural Healthcare Council (CNHC)

The UK voluntary regulator for complementary
healthcare practitioners



It is thought that **1 in 4**
people use complementary
therapies across the UK



Complementary & Natural
Healthcare Council



accredited register

Nearly 70% of people CNHC questioned did not know that anyone can practise as a complementary therapist **without any training, qualifications or insurance**



Complementary & Natural
Healthcare Council



accredited register

The CNHC's key function is to **act in the public interest**

It is the **only** organisation that was set up with government support and initial funding to provide a UK public register of complementary health practitioners



Who is regulated?

Practitioners across 16 disciplines

Alexander Technique Teaching • Aromatherapy • Bowen Therapy
• Colon Hydrotherapy • Craniosacral Therapy • Healing •
Hypnotherapy • Massage Therapy • Microsystems Acupuncture •
Naturopathy • Nutritional Therapy • Reflexology • Reiki • Shiatsu •
Sports Therapy • Yoga Therapy



Complementary & Natural
Healthcare Council



accredited register

CNHC is accredited by the
Professional Standards Authority
for Health and Social Care (PSA)
as **the holder of an accredited
register**

*This means CNHC has met the robust standards set by this
government-appointed accrediting body*



Royal Society for Public Health and Professional Standards Authority

recognise that CNHC registrants have an important role to play in the wider healthcare workforce and in meeting the nation's public health priorities

[Click here to view to full report](#)



Complementary & Natural
Healthcare Council



accredited register

“Both the Government and the Professional Standards Authority (PSA) recommend that when a patient or service user chooses to visit a health or care practitioner who is unregulated, only those on an accredited register are consulted.”

(Jane Ellison, MP Parliamentary Under Secretary for Health, 2015)



Complementary & Natural
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CNHC's accredited register

Over 6000
registrants

Over 34,000
website hits a
month

Over 53,000
searches in 2017

The public can easily find a
CNHC registered practitioner
in their area & they can
raise concerns if need be

GMC guidance confirms that
doctors can refer patients to
practitioners on accredited
registers



Complementary & Natural
Healthcare Council



accredited register

Standardised Training

The UK government benchmarks for safe and competence practice are set out in **National Occupational Standards (NOS)** for a range of complementary healthcare disciplines.

These standards set out the required:

- knowledge and understanding
- skills to be demonstrated

Training providers use the National Occupational Standards to design and assess training programmes that meet CNHC's requirements



Eligibility to apply

All practitioners who wish to apply to register with CNHC must demonstrate they have met UK government standards and declare that:

- They have current professional indemnity insurance
- They do not have a criminal record and have not been the subject of any disciplinary or civil proceedings
- There are no health issues that would impact their ability to practise

[Click here for more information on eligibility](#)



Complementary & Natural
Healthcare Council



accredited register

The CNHC Quality Mark



The public's guarantee
of standards

All CNHC registered practitioners appear on the **accredited register** and can use the CNHC quality mark



Arthritis
Research UK



**WE ARE
MACMILLAN.
CANCER SUPPORT**



Allergy
UK
leading the fight against allergy



AnxietyUK

MS 60 years
Multiple Sclerosis Society

mind
for better mental health

CNHC registration
is **widely recognised**
and recommended

CNHC
Complementary & Natural
Healthcare Council

professional
standards
authority
accredited register

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