

The following contraindications are subject to on-going review

ABSOLUTE CONTRA-INDICATIONS

Abdominal Hernia

Autonomic dysreflexia (occurs in spinal injuries at or above T6)

Carcinoma of the colon or rectum

Children under 16 years without a GP's/medical specialist written referral and a guardian present at all times

Colitis

Congestive heart disease

Diverticulitis

Fistula

Hirschsprung's disease

Hypertension above 170/100

Ileus (paralytic)

Active Inflammatory Bowel Disorders - Ulcerative Colitis, Crohn's, Colitis and Diverticulitis

Inflamed haemorrhoids

Pregnancy

Rectal bleeding

Radiotherapy of abdominal area not discharged from medical care

Severe Anaemia (RBC less than 2.5 million cells/mcL) - *Risk of fainting*

Renal insufficiency

Sever persistent diarrhoea

The following timelines given post-surgery are deliberately conservative and could be less with the written support of a Medical Specialist

Recent surgery of colon or rectum (less than 26 weeks)

Recent bowel biopsy (Less than 12 weeks)

Recent prostate biopsy made through the bowel (less than 12 weeks)

Recent abdominal surgery e.g. hysterectomy (less than 26 weeks)

Recent Laparoscopy (less than 6 weeks)

The following are industry agreed relative contra-indications. The suitability of the treatment remains specific to the individual and must be assessed by a professional Colonic Hydrotherapist

RELATIVE CONTRA-INDICATIONS

Anal tear and haemorrhoid(s) if DRE reveals potential intolerance to speculum

Chemo-therapy and cancer treatments known to cause inflammation, infections, anaemia and general weakness – *CHT's should work with the medical team*

Controlled hypertension and a prescription for diuretics

Debilitating heart, liver and kidney diseases manifesting pain and weakness

Diabetes - *Risk of Hypoglycaemia; client advice should be given in preparation for treatment*

Diverticulosis within 3 months of episode of diverticulitis

Highly anxious, stressed or emotional

Hypotension (less than 90/60)

Fissure

Inflammatory Bowel Disorders in remission for a minimum of 6 months

Inguinal Hernia

Long term Oral or Rectal Steroid - *Risk of reduced bowel integrity*

Recent (within 6 months) hip/knee joint surgery will need to establish mobility and if client can lie on their left side.

Severe underweight or Eating Disorders

Tight Sphincter