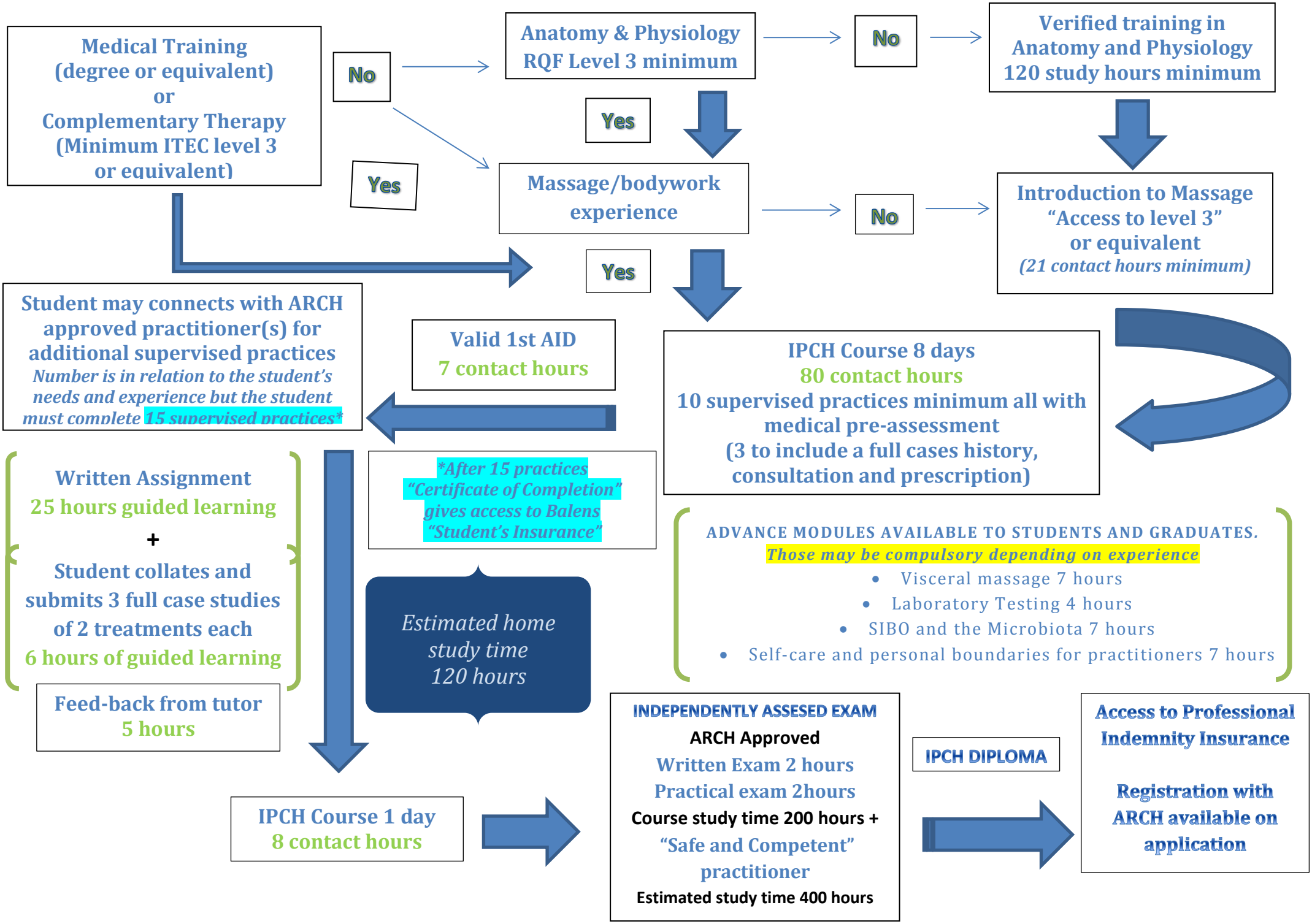
Medical Training
(degree or equivalent)
or
Complementary Therapy
(Minimum ITEC level 3
or equivalent)
No
Yes
Anatomy & Physiology
RQF Level 3 minimum
No
Verified training in
Anatomy and Physiology
120 study hours minimum
Yes
Massage/bodywork
experience
No
Introduction to Massage
"Access to level 3"
or equivalent
(21 contact hours minimum)
Yes
Student may connects with ARCH
approved practitioner(s) for
additional supervised practices
Number is in relation to the student's
needs and experience but the student
must complete 15 supervised practices*
Valid 1st AID
7 contact hours
IPCH Course 8 days
80 contact hours
10 supervised practices minimum all with
medical pre-assessment
(3 to include a full cases history,
consultation and prescription)
*After 15 practices
"Certificate of Completion"
gives access to Balens
"Student's Insurance"
Written Assignment
25 hours guided learning
+
Student collates and
submits 3 full case studies
of 2 treatments each
6 hours of guided learning
Feed-back from tutor
5 hours
Estimated home
study time
120 hours
ADVANCE MODULES AVAILABLE TO STUDENTS AND GRADUATES.
Those may be compulsory depending on experience
Visceral massage 7 hours
Laboratory Testing 4 hours
SIBO and the Microbiota 7 hours
Self-care and personal boundaries for practitioners 7 hours
IPCH Course 1 day
8 contact hours
INDEPENDENTLY ASSESED EXAM
ARCH Approved
Written Exam 2 hours
Practical exam 2hours
Course study time 200 hours +
"Safe and Competent"
practitioner
Estimated study time 400 hours
IPCH DIPLOMA
Access to Professional
Indemnity Insurance
Registration with
ARCH available on
application