

Recommended reading list

COMPULSORY REFERENCES TO HOLD IN YOUR PRACTICE:

- ✓ **PRINCIPLES OF ANATOMY & PHYSIOLOGY** by Gerard J Tortora & Sandra Grabowski
ISBN0-673-99355-8
- ✓ **GASTROINTESTINAL PHYSIOLOGY** by Kim E Barret ISBN 978-0-07-177401-7

THE BOOKS WHICH ARE MARKED IN BOLD ARE COMPULSORY READING

BOOK	AUTHOR	PRICE
TOO YOUNG TO GROW OLD *	ANNE-LISE MILLER	£ 15.00
10% HUMAN OR Gut: <i>the inside story of our body's most under-rated organ</i>	ALANNA COLLEN OR GIULIANA ENDERS	£ 20.00
FAT FOR FUEL or KETOFAST	DR JOSEPH MERCOLA	£ 14.91
OPTIMUM NUTRITION BIBLE *	PATRICK HOLFORD	£ 15.00
WHOLISTIC HERBAL	DAVID HOFFMAN	£ 13.99
THE COMPLETE GUIDE TO FASTING	DR JASON FUNG	£ 15.72
THE CANCER WHISPERER: Finding courage, direction and the unlikely gifts of cancer	SOPHIE SABBAGE	£ 6.99
NATURAL ALTERNATIVES TO OVER THE COUNTER PRESCRIPTION DRUGS	MICHAEL MURRAY	£ 13.50
PRACTICAL IRRIDODOLOGY	PETER JACKSON MAIN	£ 40.00
REFLEXOLOGY HANDBOOK A COMPLETE GUIDE	LAURA NORMAN	£ 16.99
JOB'S BODY - A Hand book for Bodyworkers	DEANE JUHAN	£ 26.00
BETTER HEALTH THROUGH NATURAL HEALING	ROSS TRATTLER	£ 8.99
HEALING WITH WATER KNEIPP HYDROTHERAPY AT HOME	GISELLE ROEDER	£ 8.95
Dr JENSEN GUIDE TO BETTER BOWEL CARE	Dr BERNARD JENSEN	£ 13.99
THE ALKALINE CURE	DR STEPHENAN DOMENIG	£ 12.99
THE ENCYCLOPAEDIA OF HEALING FOODS	Dr MICHAEL MURRAY	£ 20.00
PRINCIPLES OF ANATOMY AND PHYSIOLOGY	G.J. TORTORA	£10.00
HUMAN BIOLOGY	MIKE BOYLES	£24.00
INTEGRATIVE HEALTHCARE AND APPLIED NUTRITION Monthly magazine	Ihcam-mag.com Target Publishing https://www.targetpublishing.com/magazines/	

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