

Resource list

WATER FILTERS

Andrew's Water Filters

Tel: 01704 531 556

<https://www.andrewswater.co.uk/actb1-2-aqua-cure-colonic-hydrotherapy-filters>

This is a triple filtration system which will last longer than a single filter but is more onerous.

Andrew's also sells home filters and operates a commission system for therapists.

Screwfix (for cheap single filter housing only)

https://www.screwfix.com/p/bwt-high-capacity-water-filter-kit/16747#product_additional_details_container

Suitable 10" cartridge 0.5-micron filtering (which is required as minimum filtration size) are available here:

<https://www.freshwaterfilter.com/multipure-subm-05-small>

or

<https://www.amazon.co.uk/Pentek-PENTEK-CBR2-10-Reduction-Water-Filters/dp/B003VT5MZK>

DISPOSABLE TUBINGS AND BESPOKE EQUIPMENT (MACHINES)

Dotolo Europe Ltd. (Steve)

Tel: +44 (0)844 854 92 22

<https://dotoloeurope.com/product/standard-speculum-kit-1-5m/>

The kits are imported from Germany those are the tubing packs I use in practice. I prefer them over any other brand because of the outlet tube which is longer and more rigid and allows a comfortable Neutral position as well as a clamp. Also Supplies the Hermann colonic machine and other Hermann equipment.

International Colon Hydrotherapy Foundation (Jean)

Tel: 0208 669 5155

<http://www.colonic-irrigation-equipment.co.uk/3.htm>

Jean has flanged specula which can be more suitable for some people. You can have a few on stand-by to replace the one that's in your regular packs. The outlets in her packs are very short so I don't recommend those pack!

Colonic Supplies (Galina)

Tel: +44 (0) 1628 62 66 11

<https://www.colonicsupplies.online/machines-spare-parts-treatment-accessories>

Galina has an extensive range of supplies, including gravity fed tank, machines, enema kits, syringes, implant catheters, plumbing supplies and incontinence pads. You can also get reels of corrugated plastic outlet to cut to size and fit a speculum of your choice (see Jean above).

Kingspeed Services

Tel: 01322 380022

<http://www.kingspeedservices.com/colonic>

Colonic supplies (including long catheter) and Transcom (Spanish) colonic machine/packs and other colonic supplies.

GRAVITY FED SYSTEM AND THERMOMETERS

Practitioner Supplies

Tel: 01254 662 585

<http://practitionersupplies.co.uk/colon-hydrotherapy-equipment/125-25litre-colon-hydrotherapy-gravity-tank.html>

When ordering the last stage tubing that connects between gravity tank and inlet pipe from speculum pack make sure to check size to be compatible with your speculum pack inlet. The German (Herman) packs will need a maximum size silicon tube of 8mm.

ETI Thermometers

Tel: +44 (0)1903 202151

<https://thermometer.co.uk/home-thermometers/1234-aquarium-thermometer-with-in-fish-tank-and-room-sensors.html>

Basic fish tank thermometer only suitable with a second and different thermometer for regular in-clinic calibration.

A thermometer with a calibrated certificate does not require a second thermometer.

<https://thermometer.co.uk/industrial-thermometers/994-therma-waterproof-type-k-thermometer-with-ip6667-protection.html>

It must be purchased with a suitable probe for full immersion as per the manufacturer's recommendation.

https://thermometer.co.uk/thermocouple-probes/1246-submersible-temperature-probe.html?search_query=133305&results=1

INCONTINENCE PADS, COUCH ROLLS, LATEX GLOVES

Couch Rolls Direct

Tel: 0800 378421

<https://www.couchrolldirect.co.uk/>

Excellent value for basic clinic supplies such as couch rolls, gloves, and tissue.

Affordable 60x90 incontinence pads are available on the internet; it pays to shop around

https://www.incontinencechoice.co.uk/bed-and-chair/bed-pads-and-draw-sheets/disposable-bed-pads.html?inco_size=7577

<https://angelmobility.co.uk/disposable-incontinence-bed-pads-60-x-90-cm/>

SUPPLEMENTS

Nutri LTD

Tel: 0800 212 742

<http://www.nutri-online1.co.uk>

Distributes the valuable MegaMag range of powdered magnesium formulation, Nutrigest (digestive enzyme with betaine Hcl) and Similase (vegan comprehensive digestive enzyme combination without betaine Hcl).

Higher Nature Ltd

Tel: 0870 0664 111

<http://www.highernature.co.uk/>

Supplier of colloidal silver, Trace Mineral drops, Candiclear and many other useful products.

Revital

Tel: 0800 252 875

www.revital.com

Sells Mastic Gum, Propolis, Ear Candles all mentioned supplements and health foods.

Excellent practitioner's support and referral scheme.

BESPOKE PROBIOTIC – POST-COLONIC IMPLANTS

Immune Care

Tel: +44 (0)2089016477

<https://www.immuncare.co.uk/shop/custom-probiotics-cp-1-adult-formula-probiotic-capsules/>

Supplies probiotic powders for specific and high-count prescription

The Really Healthy Company

Tel: 020 8480 1000

<https://www.healthy.co.uk/contact>

Supplies MicroMax liquid probiotic with herbs; can be used as a probiotic implant post-colonic.

HERBS and HERBAL COLONIC IMPLANTS - LUBRICANT

Specialist Herbal Supplies

Tel: 01273 415 000

<http://www.shs100.com/>

Practitioner Supplies

Tel: 01254 662 585

<http://practitionersupplies.co.uk/>

LABORATORY TESTS

BTS - Biological Testing Service

Tel: +44 (0) 0844 330 1909

<https://www.biologictestingservices.co.uk/>

Gut pathology stool test

This Service is for the Dr. Hauss Laboratory in Germany.

The Stool tests are excellent value with adequate practitioner's support provided online after registering.

York Test

Tel: +44 (0) 1904 428 550

<https://www.yorktest.com/products/>

Food intolerance testing and functional testing

Supplier of finger prick blood collection testing with excellent practitioner's support. Insurance doesn't cover practitioner pricking finger. Client must prick own finger for their insurance to be covering.

Tests include: Thyroid, Cortisol, CRP, Vitamin D, Liver Function, etc.

Food Marble

Email: hello@foodmarble.com

<https://foodmarble.com/#how-it-works-cta>

Individual SIBO test monitor

Personal Diagnostics

Email: info@personaldiagnosics.co.uk

<https://www.personaldiagnosics.co.uk/ulcerscreen>

Home Test for H pylori

NETI POTS FOR SINUS IRRIGATION

British Snoring & Sleep Apnoea Association

Sleep Apnoea contributes to elevated BP and is a significant contributor to cardio-vascular disease.

Tel: 01737 245638

http://www.britishsnoring.co.uk/shop/neti_pots/rhino_horn.php

HOMOEOPATHIC AND FLOWER REMEDIES

Ainsworths Pharmacy

Tel: 01883 340 332

<http://www.ainsworths.com/>

PRODUCTS FOR PEOPLE WITH ENVIRONMENTAL ALLERGIES

The Healthy House

Tel: 01453 752 216

<http://www.healthy-house.co.uk/>

INSURANCE

H&L Balen Tel: 01684 893 006

<http://www.balens.co.uk/>

Specialist Broker for Colonic Hydrotherapy provides specialist block-scheme package for IPCH students and ARCH members. Can provide coverage in certain European country including Republic of Ireland.

INFORMATION COMMISSIONER'S OFFICE

<https://ico.org.uk/global/contact-us/helpline/>

If you use email for your practice, you must be registered with the Information Officer under the General Data Protection Regulation (GDPR) when necessary.

ASSOCIATION AND REGISTER OF COLON HYDROTHERAPISTS

Email: admin@colonic-association.org

<http://www.colonic-association.org/>

ARCH is the verifying body for IPCH.

Membership to ARCH is strongly recommended during the training and beyond.

SOFTWARE PACKAGE FOR PRACTICE MANAGEMENT

Pioneer Software

<https://pioneersoftware.co.uk/co-trial> A

A well thought out package with tutorial if you wish to manage and store your client's notes, appointments, and communications digitally. Monthly fee or one-off payment available.